

# Trauma Informed/Engaged School - Developing a Framework for Alaska

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## Statewide Trauma Informed School Workgroup

Department of Education and Early Development, First Alaskans Institute, Association of Alaska School Board (Initiative for Community Engagement), Alaska Mental Health Board/ Advisory Board on Alcohol and Drug Abuse, Alaska Child Trauma Center, Council on Domestic Violence and Sexual Assault, Alaska Afterschool Network

- ▶ **Trauma Informed Schools** recognize and support child, adult, and community experiences by creating a shift in thinking and practices building resilient, safe and supportive environments, allowing students to succeed academically, and supporting health and well-being.
- ▶ Trauma-Informed systems include:
  - ▶ School-wide approaches
  - ▶ An understanding of ACEs
  - ▶ Integration of the whole child
  - ▶ Prepared adults
  - ▶ Caring relationships

# Statewide Trauma Informed School Workgroup

## Vision:

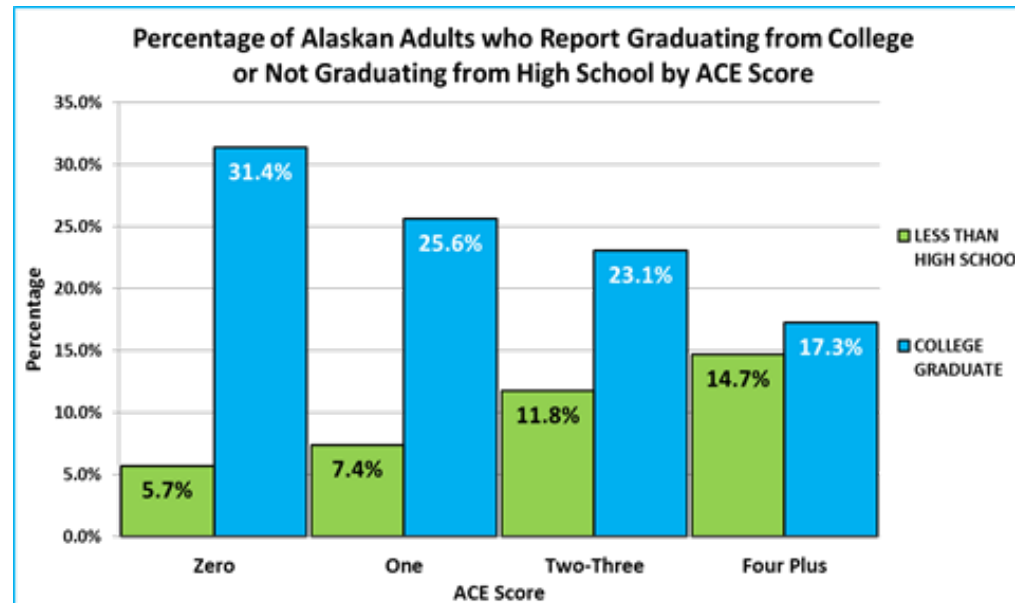
- ▶ Alaska schools have access to and integrating trauma informed tools and supports that creates improved outcomes and wellness for all students
- ▶ **Child well-being:**
- ▶ A state of being with others, which arises when the needs of a child are met, and the child has the freedom and ability to meaningfully pursue their goal(s) and way(s) of life, in a supportive, equitable setting now and into the future.

# Strategic Priority:

## Promote safety and well-being

- Rationale: ACEs AND EDUCATIONAL ACHIEVEMENT

Alaskan adults who have experienced four ACEs are approximately two and a half times less likely to have graduated from high school. Additionally, Alaskans with four ACEs are about half as likely to have graduated from college. Educational achievement outcomes for Alaskan adults who experienced higher ACE scores can be seen here.



continued...

# Strategic Priority:

## Promote safety and well-being

- **Goal 2: Building Trauma Engaged Schools**

**Alaska's schools will create a culturally humble (responsive) and safe environment that recognizes the needs of the whole child, institutes trauma informed practices, and understands the vital importance of building all relationships surrounding every child to improve resiliency, health, and academic outcomes.**



## Trauma-Sensitive Schools



# DEED eLearning Module

<https://education.alaska.gov/eLearning/>

## Objectives

**After completing this course, you will be able to:**

- Recognize behaviors that may be the product of a traumatized child's experiences
- Begin to understand what schools can do to help a traumatized child
- Discuss the differences you might observe in how children who experience trauma present themselves in the classroom at different age levels and explore possible responses
- Explain the basics of educator self-care



# Building out Trauma Framework Components

- ▶ Relationships
- ▶ Planning and Policy
- ▶ Professional Learning
- ▶ School-wide Practices
- ▶ Skill Instruction
- ▶ Support Services
- ▶ Deconstructing Trauma
- ▶ Cultural Integration
- ▶ Family Partnerships
- ▶ Community Co-creation

Graffiti Wall

What supports would you need  
to engage in this work?



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