Viking Saga

Tri-Valley School, PO Box 400, Healy, AK. 99743
Calendar: http://dbsd.schoolwires.net/Page/14
Phone: 683-2267. Fax: 683-2632.
Send Saga submissions to sarahwalker@dbsd.org. Deadline Tuesday at noon.

Upcoming Events
Thursday, November 21, 2019

Nov. 21: DBSD School Board meeting @ Cantwell @ 7 pm
Nov. 21 - 23: All State Music Fest @ Anchorage
Nov. 22 – 23: HS VB @ Glen Allen (Aurora Conference)
Nov. 27: Student dismissal @ 2:30 pm
Nov. 28 & 29: NO SCHOOL (Thanksgiving Holiday)
Dec. 2: DBSD/Nenana/Colony Concert @ TVS Gym @ 12:15 pm
Dec. 4: HSBB (First practice)
Dec. 4: HS Hockey (Home) vs. North Pole @ 6 pm
Dec. 5: HS Hockey @ Houston @ 7:15 pm
Dec. 6 & 7: HS Hockey @ Big Lake Lions Classic @ Houston (Times TBD)
Dec. 9: MS/HS Fall Activities Award Banquet @ 5 pm @ MPR (See Saga entry for more details)
Dec. 12: HS Hockey @ Hutchison
Dec. 13: HS Hockey @ Delta @ 6 pm
Dec. 14: HS Hockey @ Delta @ 10 am
Dec. 19: DBSD School Board meeting @ Anderson @ 7 pm
Dec. 20: Student dismissal @ 1:30 pm

TVS Spelling Bee Results! After 27 rounds of competition, Danika is our spelling champion, with the final championship word: "cahoots"! Congratulations to all of our spellers, and top finishers Danika, Matthew and Paige who have the opportunity to represent Tri-Valley School at the Interior Regional Spelling Bee in Fairbanks on February 29. Special awards were presented to individual spellers:
Best Enunciation of Letters Award: Kyler;
Poise Award: Sydney S and Rita;
Spirit Award: Piper; Best Sportsmanship Award: Matthew
Special thanks to Pronouncer Malia Walters and Judges Paula Newton, Annette Ziegman, and Ben Brown.

School Events

NEW Annual Elementary Thanksgiving Feast: The annual Thanksgiving Feast for Tri-Valley Elementary will be on Wed., 11/27. It will begin at 11:40. We are still looking for families to donate food, utensils, and time. If you are able to, please stop by the turkey display bulletin board in the elementary wing to sign up, or contact Mrs. Legrismith or Mrs. Brewer.

We are trying to help our Earth this Thanksgiving season and we’re excited to say that we want to reduce filling the landfill! Please bring your own cup, plate, cloth napkin, and eating utensils to the feast.

NEW Fall Activities Award Banquet: We will be splitting the Middle School and High School awards banquets in to one in the fall, and one in the spring. The fall activities award banquet will be held on Monday, December 9th, starting at 5 pm in the MPR. Please bring an appetizer to share, and we’ll start serving them at 5 pm. Awards will start at 5:30 pm. Activities to be honored include: soccer(HS), cross country (MS), volleyball (HS), basketball (MS), fall music and spelling bee.

SKI CLUB: Denali Junior Nordic Ski Club practices will start on November 25. Practices take place on Mondays after school from 3:45-5:15pm. Skiers of all abilities in grades 3-8 are welcome to participate. Ski Club meets inside the elementary entrance for outdoor practice. All student ski equipment is provided. Registration forms are available on the bulletin board outside the MPR. Contact Martha Tomeo for more information at marthagomeo@gmail.com or 907-388-9927. THINK SNOW!
**NOTES FROM THE PRINCIPAL**

Thanksgiving is only one week away and we have so much to be thankful for! Our staff and students are really wonderful and our community, including all of you, are so supportive. I love living and working in a community that values its school as an integral part of the community.

This year we are continuing the tradition of an elementary Thanksgiving feast and welcoming a new group of teachers, parents, and students into that tradition. Thank you to all who are contributing and helping that go forward, even with many new faces!

Something new this year, and not necessarily because of Thanksgiving, but certainly well-timed in keeping with a theme – Our high school crews have started a daily process of thankfulness journaling. Research shows that gratitude is key to wellbeing and general success in life. Being conscious of gratitude and reflecting on what one can find to be thankful for yields more than just happiness. It helps people become more engaged in society and interested in helping others. In short, it helps build good character. Happy Thanksgiving!

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**Community Library**

**NEW Pre – K Story Time Plus:**
Tuesdays; 9 – 11:30 am at TVS. Open for ages Birth to 5 y/o. Parents need to stay with students 3 years old and under as well as with children not potty trained. Ages 4-5 can be dropped off and picked up. Tentative schedule: 9 am: Drop – off for Pre-K/Arrival; 9:15 am – 10 am: SPARK activities in the MPR. Please make sure your student comes in clothes/shoes appropriate for activity. 10 – 10:15 am: Break/Snack in the lunch room (inform staff of any allergies, if necessary); 10:15 am – 11:15 am: Story Time! Stories, songs, activities, and crafts! 11:15-11:30 am: Free time to look at/check out books. Pick up for Pre-K. More information in attached flyers (electronic Saga.). Any questions? Please call TVCL @ 683-2507 or Jen Graham @ 907.529.6304.

**NEW Tundra Tales: a storytelling & writing club:**
Nov 25th 6:30-8:30
A mixture of writing accountability, advice, workshops, and storytelling events, this new bi-weekly event will bring together people interested in writing and storytelling. Bring your current project or new ideas to our first event next Monday.

**NEW Knitting (& other crafts) Club:**
Nov 26th 5:30-8:30pm
Reinvigorate your yarn stash with a YARN SWAP and learn the Russian Join to create a magic skein with all of your yarn scraps. Knitting (& other crafts) Club will meet bi-weekly on Tuesdays, so bring along your current project, an old project, or materials for a new project. Open to all skill levels and craft styles.

**NEW Tri-Valley Community Library Board Meeting:**
Nov 26th 6:30pm

**NEW Federal Resume & Job Application Training:**
Dec 2nd 7-8pm. Come learn the ins and outs of applying to federal jobs from Denali National Park’s Elizabeth Beavers. inspiration, recipe swaps, and more!

**NEW Creative Cooking: a dietary restriction support group:**
Dec 3rd 3:30-6:30
Have dietary restrictions or live with someone who does? You are not alone. Join us bi-weekly on Tuesdays for support, inspiration, recipe swaps, and more!

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**Community Events**

**NEW Little Dribblers:**
Every Tuesday until 12/17. K-2: 3:30 – 4:15 pm; Grades 3-8: 4:15 – 5:15 pm. A big thanks to Kora for making this happen! Look for more basketball fun after the new year!

**DPLC Holiday Family Bazaar and Fun Night:**
Friday, December 6th from 1 pm – 7 pm at the Tri – Valley Community Center. Over 20 vendors! Tacos, nachos, Navajo tacos, salad, and soup and bread for purchase. Games and crafts for 0-5th grade. Shopping for 0-5th grade by donation.

**NEW Uabiselli Coal Mine Annual Christmas Festivities:**
There are several fun, festive community events happening on Saturday, December 14th. The events include: Fireworks @ the Ice Pit (8:15 pm) Teen Dance @ the TVS Multi – Purpose Room (9 pm - 11 pm): All community teens 6th grade to 12th grade invited. Rides home provided. Adult Dance @ the TV Community Center (9 pm – 2 am): Music provided by DJ ATM. All community members ages 21 and over invited. ENTER THE UGLY CHRISTMAS SWEATER CONTEST!

**NEW Healy Hockey Christmas On Ice:**
Save the date for Healy Hockey’s Christmas on Ice! Saturday, Dec. 21st. Festivities kick off at 5 pm with open skating. Santa @ 6 pm. Healy Hockey Sticks Scrimmy for ages 15 and up @ 6:45 pm. Tacos and all the fixings will be provided- you just need to bring your gear and dessert to share.

**Nurse Notes**

**Public Health Nurse Visit:** The Public Health Nurse will be in Denali borough for flu shots and vaccinations on Dec. 2, 3, 4& 5. Tentatively, the public health nurse will be at in Anderson Monday(12/2) afternoon, at the Hockey Shack in Healy on Monday (12/2) and Tuesday(12/3) evenings, at TVS on Tuesday (12/3) and Wednesday (12/4), and in Cantwell on Thursday (12/5) morning.

**What’s for Lunch?**

**TUESDAY LUNCH:** The 8th grade class will be offering hot lunches on Tuesdays. Menu includes hot dogs, chips, fruit, and a cookie. One hot dog $4. Two hot dogs $5. Punch cards available. Please make checks out to Tri-Valley School.

**DPLC WEDNESDAY LUNCH:** Pancake, bacon, and fruit. $4 for one cake;$5 for two cakes.