



# 2024 Youth Leadership Institute (YLI)

Session details subject to change if needed.

<b>THURSDAY, NOVEMBER 7th</b>	
<b>Time</b>	<b>Workshop Title</b>
8:30 am – 10:30 am	Introductions and Opening
10:45 am – 11:55 am	Team Building Through Games
10:45 am – 11:55 am	Chaperone Session: Building Out Youth Leadership
Noon – 1:30 pm	Lunch: Students join School Board Members/Chaperones for lunch (lunch not provided)
1:30 pm – 2:15 pm	Project Empowerment Planning Part 1: Vision for Our Schools
2:30 pm – 3:30 pm	Breakout Workshops <ul style="list-style-type: none"> <li>● Putting on a Panel</li> <li>● Youth on Boards</li> <li>● Painting and Reflection on Leadership</li> </ul>
3:00 pm – 4:15 pm	Chaperone Session: Supporting Youth Leaders - Preparation for 'Cross the Line'
3:30 pm – 3:45 pm	Break
3:45 pm – 4:30 pm	1-on-1 with Nick Hanson and closing
4:30 pm	End of Day: Meet with Board Members and chaperones for dinner plans
8:00 pm – 10:30 pm	NYO Games and Practice
<b>FRIDAY, NOVEMBER 8th</b>	
<b>Time</b>	<b>Workshop Title</b>
7:30 am - 8:00 am	Breakfast Buffet
9:00 am – 10:15 am	Project Empowerment Planning Part 2: Strengths, Challenges and Solutions
10:30 am – 12:00 pm	Chaperone Session: Preparing Youth Leaders - Roundtables
10:30 am – 12:00 pm	Lessons from NYO: Self-Care and Keeping Your Core Strong
Noon – 1:15 pm	Awards Luncheon Students join School Board Members/Chaperones for lunch (lunch provided)
1:30 pm – 2:15 pm	Getting Ready for Round Tables
2:15 pm - 2:30 pm	Break
2:30 pm – 3:00 pm	Stretches, mindfulness, ways to cope and process strong emotions
3:00 pm – 3:30 pm	Cross the Line and Debrief with Timi
3:30 pm – 4:30 pm	Stretches, debrief, story/song share out and closing



# 2024 Youth Leadership Institute (YLI)

Session details subject to change if needed.

5:00 pm	Students rejoin School Board Members/Chaperones
5:30 pm – 7:00 pm	June Nelson Memorial Scholarship Fundraiser – attend with your School Board Member/Chaperone
8:30 pm –10:30 pm	NYO Night
<b>SATURDAY, NOVEMBER 9th</b>	
Time	Workshop Title
8:15 am – 10:00 am	General Session: Keynote Speaker: Tami Pyfer, Chief of Staff and VP External for UNITE and co-creator of the Dignity Index
10:00 am - 10:15 am	Break
10:15 am –11:30 am	Sectionals with School Board Members and Superintendents
12:00 pm –1:15 pm	Lunch
1:30 pm –3:00 pm	Roundtables: Opportunity for students and School Board Members to share and learn about issues and opportunities in your district.
3:00 pm - 3:15 pm	Break
3:15 pm-3:45 pm	Project Empowerment Planning Part 3: Practice for getting others on board
3:45 pm - 4:45 pm	Breakout workshops: <ul style="list-style-type: none"> <li>● Dance and Drumming-share out</li> <li>● Painting and Reflection on Social Media/Phone Use Policies</li> </ul>
4:45 pm - 5:00 pm	Closing and next day
5:30 pm - 8:00 pm	Alaska Pacific University Site Visit: <a href="#">Register Here</a>
8:30 pm–10:30 pm	Karaoke
<b>SUNDAY, NOVEMBER 10th</b>	
Time	Workshop Title
7:30 am	Inspirational Service (optional)
8:15 am - 9:15 am	General Session Youth Leadership Institute Panel Project Empowerment Planning Part 4: Sharing with our Board Members
9:15 am –10:15 am	Breakout Sessions: <ul style="list-style-type: none"> <li>● Self-Care for Leaders</li> <li>● Finding Your Future</li> <li>● Art for Social Change</li> </ul>
10:15 am- 10:30 am	Break
10:30 am–12:00 pm	YLI close, reflection and thank you