

Alaska Early Childhood Comprehensive Systems

Ages and Stages Developmental Screenings

Regular developmental screenings for all kids is the most effective way to identify concerns early and boost child success while reducing cost for later stage intervention



As many as **1 in 4** children up to age five are at risk for a developmental delay

Routine developmental screenings can raise awareness of a child's progress, making it easier to both **celebrate milestones** and **identify any developmental concerns** earlier.

The American Academy of Pediatrics recommends developmental screenings at

9 months



18 months



24 or 30 months



In Alaska, **47% of children** ages 9 to 35 months received developmental screenings in years 2015-2016

Alaska Early Childhood Comprehensive Systems (ECCS) Place Based Community sites use a screening tool called the **Ages and Stages Questionnaire (ASQ)**

The ASQ screens for four areas of your child's development



Speech & Language



Problem-Solving



Social & Emotional



Motor Skills

The ASQ cannot give a diagnosis, however, can show how your child's development compares to children in the same age group

ASQ asks you about skills that most children have at each developmental stage

You can watch and **monitor milestones** during everyday care

Screening is a **fast and fun** way to promote healthy development with your family



Each ASQ Screening takes **just 10 to 15 minutes**

You can complete your child's ASQ screening **online** or **with your healthcare provider** every 3-6 months to monitor your child's growth

For More Resources and FAQs Visit:

<http://dhss.alaska.gov/dph/wcfh/Pages/eccs/links.aspx>
www.cdc.gov/ncbddd/childdevelopment/screening.html

Developmental Milestones Checklist

Monitor your child's growth using this checklist of some examples of developmental milestones by age group

6 Months

- Likes to play with others, especially parents
- Responds to own name
- Begins to pass things from one hand to the other
- Begins to sit without support

12 Months

- Has favorite people, may cry when mom or dad leaves
- Responds to simple spoken requests
- Finds hidden things easily
- May stand alone

24 Months

- Gets excited when with other children
- Says sentences with 2-4 words; follows simple instructions
- Begins to sort shapes and colors
- Kicks a ball

9 Months

- May be afraid of strangers
- Copies sounds and gestures of others
- Watches the path of something as it falls
- Pulls to stand, crawls, can sit without support

18 Months

- Shows affection to familiar people
- Says several single words
- Knows what ordinary things are for like telephone, spoon, brush, ect
- Walks alone

36 Months

- Takes turns in games, shows concern for crying friend
- Can name most familiar things
- Does puzzles with 3-4 pieces
- Runs easily

For **more information and free tools** to track your child's developmental milestones visit <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>
For **resources on early intervention strategies** visit <https://www.cdc.gov/ncbddd/actearly/>