BUILD UNDERSTANDING

Building shared understanding of how trauma impacts learning

- Shared understanding of trauma and the biology of toxic stress
- Adult co-regulation skills
- Strategies for building learning brains
- School-wide resilience centered practices

RESPECT

Creating a supportive school climate and environment

- Physical, emotional, cultural, and academic safety
- Culturally responsive teaching and learning environment
- School-wide positive behavior supports (e.g restorative practices, PBIS)
- Youth voice and leadership

MODEL

Supporting adults in developing and using their own SEL skills to foster relationships

- Adult SEL skills and self-regulation
- Supportive relationships with students
- Strong family-school partnerships
- Collegial and supportive staff relationships

CO-CREATE

Collaborating through authentic partnerships to integrate culture and transform education systems

- Community dialogue and conversation
- Partnerships for cultural integration in teaching and learning
- Community strength and resilience as the foundation
- Regular and ongoing communication loop between school and community

TEACH & PRACTICE

Directly teaching culturally responsive SEL skills with opportunities to practice these skills throughout the school day and after school

- Common language to identify and discuss SEL skills (e.g. SEL learning standards)
- Direct SEL skill instruction
- Teaching strategies and routines that reinforce SEL skill practice in academics
- School day SEL reinforced during afterschool time (in sports, activities, at home)

SUPPORT

Aligning and integrating culturally responsive SEL into district and school infrastructure

- Shared vision, goals, action plan
- Policies and practices (e.g. RTI/ MTSS, teaching framework)
- Ongoing job embedded professional learning
- Regular examination of data and progress towards goals

Culturally Responsive Embedded Social & Emotional Learning (CRESEL)
Resilient Students, Families & Schools

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