

# Chevak School

## NEWSLETTER

February 2019

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### Dates to remember for Chevak School

3/13-15 KCUK Radio BB Tournament

3/14-15 VACATION! No School

4/2-5 Book Fair @ Chevak School Library

4/5-6 Search & Rescue BB Tournament

4/19 Holiday!

4/27 Chevak School Prom

### Chevak School Elementary Basketball Teams 2019

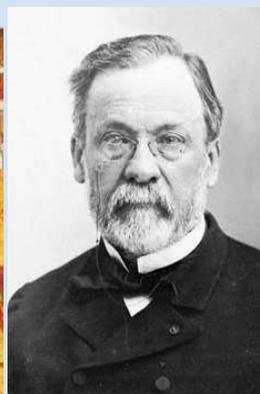
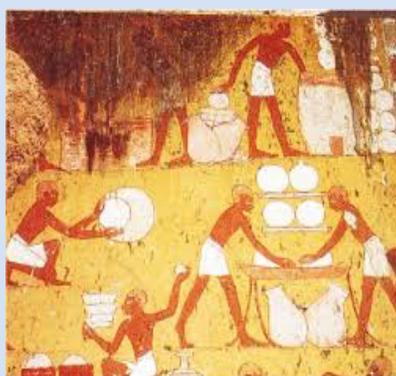
The Chevak elementary basketball program is 8 weeks of intense fundamental training. Players from third grade to sixth grade are allowed to participate in the training. This year we had 82 students registered to play. The daily trainings for grades 3 and 4 commonly include Dribbling drills, passing practice, and classical shooting drills. We always appreciated the help from the middle school and high school players that would occasionally stop by to demonstrate basic skills to the younger players. The older players trained to develop more advanced skills. The 5 th and 6 th grade players practiced layups , Free throws, and defensive techniques under the watchful eye of their illustrious coach Brian Grieser. Not only were basic skill development drills part of the daily routine. Players were schooled in being good sportsman and ladies. Our season this year was a bit shorter than past years with it only being eight weeks long which resulted in fewer games. Players had high hopes when a rumor was started that the 5 th and 6 th grade players might be traveling to compete with some of the local villages. Next year may finally be the year that Chevak has a travelling Elementary basketball team. The folks of Chevak should keep an out for the **up and coming players from this year's teams. With the continuation of the excellent coaching that they received this year, Chevak will have a high school team that will find victory at the state level. Go Chevak little Comets!**

# The History of Yeast

By: Ace Hill, Aaron Atcherian, Haven Ulroan, and Maurice Slats

Man used yeast before they knew how to write. Ancient Egyptians civilization were using yeast five thousand years ago. They did not know that yeast was responsible for the rising of their bread. They thought that it was a magical and unreal phenomenon. The bible explained the bread rising by saying that a small portion of old dough was required to make new loaves. Without the old dough there would be only flat bread. The first scientist believed that natural contaminates in the flour is what caused bread to rise. It wasn't until 1860 that Louis Pasteur discovered yeast. He identified it as a tiny living organism and responsible for making bread rise. Pasteur found that yeast makes bread rise by eating glucose in flour. The glucose provides energy to the yeast. People knead the yeast into the dough so that it can rise properly. As the yeast eats the glucose, it creates carbon dioxide. This creates air pockets in the dough. Baking the dough kills the yeast. That is how yeast makes bread rise.

## Pizza Dough Recipe



2 ¼ Tablespoons of active dry yeast

1 Teaspoon of white sugar

1 Cup of warm water (110 o F)

2 ½ Cups flour

2 Tablespoons olive oil

1 Teaspoon salt

1) Preheat oven to 450 degrees F. In a medium bowl, dissolve yeast and sugar in warm water. Let stand until creamy, about 10 minutes.

2) Stir in flour, salt and oil. Beat until smooth. Let rest for 5 minutes.

3) Turn dough out onto a lightly floured surface and pat or roll into a round. Transfer crust to a lightly greased pizza pan. Spread with desired toppings and bake in preheated oven for 15 to 20 minutes, or until golden brown. Let baked pizza cool for 5 minutes before serving.

# Counselor's Corner

## -Frances Weiss

Waqaa! Chevak School celebrated the month of February by sharing love through the toys donated by the Toys for Tots. Every kid was given a chance to choose a friend to write a message of love and friendship and to choose a toy to enjoy.



We were able to send fourteen 7<sup>th</sup> graders to EXCEL 7 on February 8- 13. They were Rachael Imgalrea, Franz Fermoyle, Katie Mann, Sharese Bell, Peter Friday, Joan Bell, Fredrick Ulroan, Auna Atcherian, Gabrielle Hill-Chayalkun, Abigail Tunutmoak, Keanu Tangiegak, Shayla Slats, Melody Martins and Patri Patrick. Neva Mathias and Darlene Ulroan were the chaperones.

We have thirteen 8<sup>th</sup> graders who went to EXCEL 8 on February 17- 22. They were Jack Paniyak, Eva Boy scout, Hannah Pingayak, Peter Tuluk, Ayva Matchian, Shaina Atcherian, Brianna Ulroan, Avron Atchak, Alicia Ayuluk, Edgar Tunutmoak, Jodi Imgalrea, Lisa Ulroan and Pearl Angaiak. Mary Pingayak and Darrel Atcherian went with them as chaperones.

We also want to congratulate the three seniors who were admitted to Alaska

Christian College.



Sara Ulroan



Jamie Tuluk



Beulah Boy Scout

## Profile: Paniik (Lillian) Olson 2<sup>nd</sup> Grade Cup'ik Immersion Teacher



Hello, my name is Lillian Olson and I teach 2<sup>nd</sup> Grade Cup'ik Immersion. I received my teaching degree from Alaska Pacific University in December of 2011. I am endorsed to teach Elementary GR K-8 and English As Second Language PreK-6. I retired from my PERS job as Administrative Secretary in 2012-13 school year and worked as a Technician I for University of Alaska Anchorage, helping the teacher aides here at the school to navigate their way online and assist them with any questions or help as needed when they were taking courses online. I signed my contract to teach in 2013-14 school year and has been working as a certified teacher ever since. I grew up speaking my language but learned how to read and write it through college courses from UAF Fairbanks before I started working for the school district here in Chevak. I held on to the skills and used them in my work or situations where translating and transcribing was involved over the years. I also received a Certificate in Office Occupations from AVTEC Seward in 1979. I enjoy working as a certified teacher in Cup'ik Immersion.

Waq'a, Paniik Lillian Olson-augua cali elicarituunga 2<sup>nd</sup> Grade Cup'ik Immersion-ami. Civuniulqaqa kalikartaqa Alaska Pacific University-meng Angunquyugtuun 2011-ami. Elicariyuumalua skuularaneng Kindergarten-aneng yaavet 8<sup>th</sup> Grade-anun cali English As Second Language PreK yaavet 6<sup>th</sup> Grade-anun. Qaqicillruunga civuqlianeng caliama kalikiurtengulua alrrakumi 2012-13-ami. Kinguakun calillruunga UAA, ikayurilua skuulartengurtengnaqelrianeng maani skuulavigmi. Ikayurluki cali apyutait aulukluki. Skuulartengurtelqa sign-alqaqa 2013-14 alrrakumi. Taugakenirneng-llu tauga elicaristengulua. Anglillruunga qantulua Cugtun taugken elillua naaqinermeng cali iganermeng Cugtun skuulallemni UAF-ami calivailegma maani. Tegumiaqellruanka igaryarat mumigciyarat-llu picianun caliamni wall'uqa ikayurillemmi. Civuani cali kalikartangellruunga Office Occupations-ameng AVTEC Seward-ameng alrrakumi 1979.



The Chevak School newsletter is produced once a month by Editor-in-Chief Stan M. Atchak at the school.

If you want to contribute any information geared towards the public, you could email to [stan@chevak-school.org](mailto:stan@chevak-school.org). We need more information from the businesses or companies that serve the people around. Any school news or village news is accepted anytime.

# Chevak School February Students of the Month

**Gabrielle Hill-  
Chayalkun**



Gabrielle shows up to class on time and ready to work. She challenges herself to be the best she can be and accepts criticism with finesse correcting her mistakes without complaint. She wants to learn and is ready to learn every time she steps into a classroom. Aside from being a fabulous student, Gabrielle is always cheerful and positive. She wears a smile on her face at all times spreading to those around her. She doesn't speak ill of her classmates, nor pout when she doesn't get her way. Gabrielle is an exemplary student and a model Chevak School citizen.

**Jack Paniyak**



Jack is a sheer delight. He comes to class with a million questions ready to actually listen and absorb the answers. He puts everything he has into his work and then turns and helps the students next to him when he is finished. He never claims that anything is too hard, but rather accepts the challenge, even if he might make a mistake. Jack doesn't just attack school, he attacks life as well. Trying new things and putting himself out there regardless of how silly or unskilled he might look. He doesn't worry about

what other students think, if he wants to do it he does and he keeps at it until he becomes better. Jack is an all-around respectable students and person, who is an example for other students.

**Steven Matchian**



Steven Matchian is a hard working student who loves to participate in any class he's in.

He is always on time, and ready to work. He is never disruptive in class and always brings a smile to everyone's face. He enjoys playing Kahoot when he has the chance but he is willing to work as needed to finish assignments.

**Hazel Martins**



Hazel Martins always arrives to class on time, totally prepared and ready to work. She listens to directions while following them precisely. She has a quiet sense of humor she lets loose at the most unexpected moments and makes a point of staying on top of things. If she travels, she makes a special effort to catch up on missing work but never offers excuses on why it's not done. She just does it.

# Sinka Atchak-KSD Nominee

## 2019 BP Principal Scholarship



My name is Sinka Atchak, and I will be graduating from high-school in May. I am a student from the Kashunamiut School District since Pre- K. I spent a semester in Galena Interior Learning Academy and a year in Mt. Edgecumbe to further improve my education. I am very happy and proud to graduate from Chevak School which is my parents' Alma Mater. I live with a family of 10 including my parents.

I'm currently enrolled in Algebra II for Math. In the past, I took an Intro to Engineering/Robotics class. I choose civil engineering as my career choice because I've always been interested with civil related projects. With the few times that I got to travel, I am a close observer of structures that are built. I've always been an eager observer of bridges, railroads, and buildings. To me there's something honorable about each of these projects; that at one point, they were an idea in somebody's mind. My future goal, which may be too far away is to be the first one to build a road or a

bridge in my hometown, Chevak.

I plan to attend the University of Alaska Fairbanks to earn a degree in engineering. While going to college in Fairbanks, I'd like to take my education within math and science a step further so that I can pave my path for becoming an engineer. I'm currently working on my application for the ANSEP's Summer Bridge Program through University of Alaska Anchorage so that I can have an opportunity to enroll in a college and/ or work a paid summer internship in the engineering field, earn money to go to college . That way I can help my father who is the only source of income in my family to prepare for my going to college in the fall of 2019.

I hope that I get the 2019 BP Alaska Principal's Scholarship and the Commissioner's scholarship so that I can certainly go to college and take up civil engineering in the fall of 2019. Everything is vague right now. I've been spending time completing my high school coursework and at the same time finding ways to fund my career plan. I am very aware of the challenges when I go to UAF. However, I have been extremely hardworking and I am very dedicated to achieving my goal. Maybe I won't be able to be the first one to build bridges and roads in Chevak; but I want to be the first one to graduate from college in my family. That way I can serve as inspiration to my community and especially the rest of Atchak family. I want to build the bridge in making others dream come true.

# Weathering, Erosion and Deposition

## 8<sup>th</sup> Grade Class

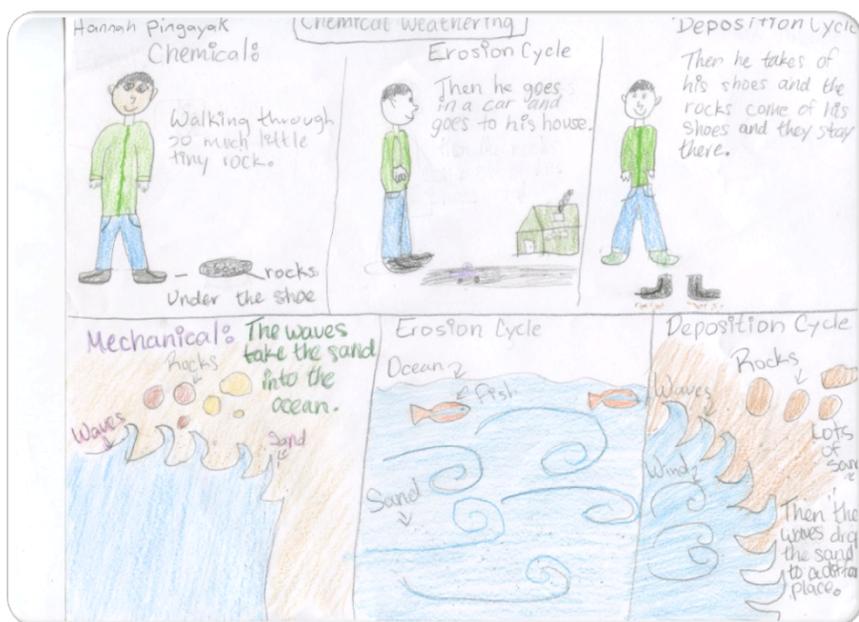
-The 8<sup>th</sup> grade students have been learning about how rocks are broken down and different landforms are formed. All of this occurs because of Weathering, Erosion and Deposition.

-There are two types of weathering, chemical and mechanical. Chemical weathering is when the chemical make-up of the rock is changed, i.e. when rust appears or rocks dissolving in water. Mechanical weathering is the physical breaking of the rocks, i.e. cracks in roads caused by the water freezing or abrasion scraping the rocks away.

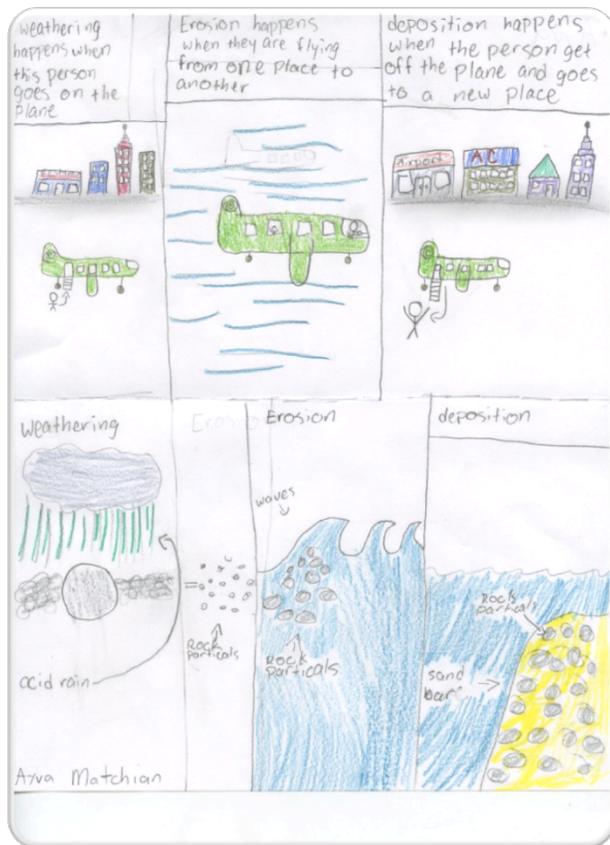
-Erosion is when the weathered particles from the rocks are being carried or moved to new places. The particles are carried by one of the five agents of erosion which are gravity, waves, wind, running water, and glaciers.

-Deposition is when the rock particles that were carried by erosion are dropped in a new place. For example, the sand bars in the river are sand and rock particles being eroded by the river and carried downstream where they are deposited in the middle of the river. When enough sand and particles are deposited in the same place, the sand bar is formed.

-The 8<sup>th</sup> grade students had to explain these concepts in poster form. They had to come up with a simple example to explain them so that everyone could understand what the three concepts were. Then they had to use the scientific terms explain the three



Hannah Pingayak



Ayva Matchian



James Ayuluk  
Cup'ik Curriculum Developer

## Cup'ik Value: March 2019 from Cup'ik Studies

### “LISTEN TO ALL ADVICES GIVEN TO YOU”

These were written by 7<sup>th</sup> graders of KSD back in the 90's. Students were asked to write down what they think the value is all about.....

“We get advice from the ELDERS and your parents. Even the older people will tell you advices.”

By: Kituq Slats

“Advice is that they say to do good in school and at home, with your parents and grandma's and atta's house too.”

By: Nayagaq Aguchak

“Listen to all advice given to you from the ELDERS, because they are experienced people that wants the best for you.”

By: Nuyailaq Maya Kelly

“It means when your parents tell you to do good in school, you have to do good. When your mom tells you to do something, you have to do it.”

By: Nayagaq Tuluk

“Listen to all the stuff people tell you because it will help you in the future. If you let it go in one ear and forget about it, then it wouldn't help you when you need help.”

By: Cavaluq Aloralrea