

# LYSD CRESEL

## Culturally Responsive Embedded Social and Emotional Learning

### VISION STATEMENT

CRESEL in LYSD, binds and nurtures the wisdom of elders to younger generations, empowering and preparing them to live and learn successfully, through the teachings and values of Yup'ik traditions, native language (Yugtun) and Yuuyaraq (Way of Life).

This includes:

- Take care of each other and helping one another.
- Having respect for land, family, beliefs, and the things around you.
- Connected Socially, spiritually, physically



## Well-Balanced Person

- We learn to balance our spiritual, physical, mental, and emotional being in order to strengthen every aspect of our being to make good decisions and lead a good life.
- Follows Yuuyaraq (Yup'ik Way of Life)

Supports

Resources

# Supports

- Elder Advisors
- Bilingual and Classified staff
- Community Human Service Providers (CHSPs)
- Natural Helpers Program
- Local and Regional Cultural Programs (Health Families Workshop, Calricaraq Project, Qungasvik Toolbox, Indian Child Welfare Act, etc)



# Resources

- Yuuyaraq Curriculum
- Yup'ik Values
- Yup'ik CHAMPs Posters
- Elder stories



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# Adult Social and Emotional Learning



- Support District, School Staff, and community SEL skills
- Provide ongoing trainings and Professional Development rooted in SEL
- Use Yuuyaraq (Way of Life) Approach

Supports

Resources

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Supports

Resources

## Supports

- On-going support for building staff healthy relationships with students, colleagues, families, and community.
- Support for leadership teams in using community harvest for school-based planning
- CRESEL focused during staff meetings
- Individual principal consultation with AASB



## Resources

- AASB CRESEL Resources Website
- Local and Regional Cultural Programs
- Natural Helpers Program
- Community Service Health Providers

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## Sense of Belonging

- Knowing Family Tree
- Learning Yugtun Language
- Blending Traditional Teaching and Learning to Contemporary Way of Life
- Applying Trauma Informed Practices

Supports

Resources

## Supports

- Bilingual and classified Staff
- Elder Advisors
- Parents
- Local Entities (tribes, mayor, local businesses, etc)

## Resources

- Yuuyaraq Curriculum
- Transforming Schools: A Framework for Trauma-Engaged Practice in Alaska
- Local and Regional Cultural Programs (Regional Culture Camps, Yup'ik Language Courses -KuC, Healthy Families Workshop - AVCP, Calricaraq Program - YKHC Behavioral Health, Qungasvik Program - UAF, AUK Crisis Team)

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Supports

## **Community Conversations**


- Apply the Qasriq Model
- Strengthen School and Community Relationships
- Promote Healing
- Identify Strengths and Challenges

Resources

## Supports

- Checklist for Hosting Community Conversations
- First conversation hosted by AASB/ LYSD host team
- Support for developing further Community Conversations
- Support for using the Harvest to develop school action plans.





## Human Resources

- AASB Staff
- LYSD Trained Hosts
- First Wave Schools
- Elder Advisor

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Supports

## Teaching and Learning

- Use cultural practices and orientations to create a socially and emotionally safe place
- Establish a connection with students that build trust and respect
- Intentionally plan SEL into the design of the lessons
- Integrate cultural elements and themes into the classroom

Resources

## Teaching and Learning Supports

- Elders
- Bilingual and Classified Staff
- CRESEL focus during staff meetings
- Individual principal consultation with AASB

## Resources

- LYSD CRESEL standards
- Yuuyaraq Curriculum - Jr/Sr High
- Activators Curriculum - Jr/Sr High
- Connected and Respected Curriculum - Elementary
- Placed-Based Subsistence Approach

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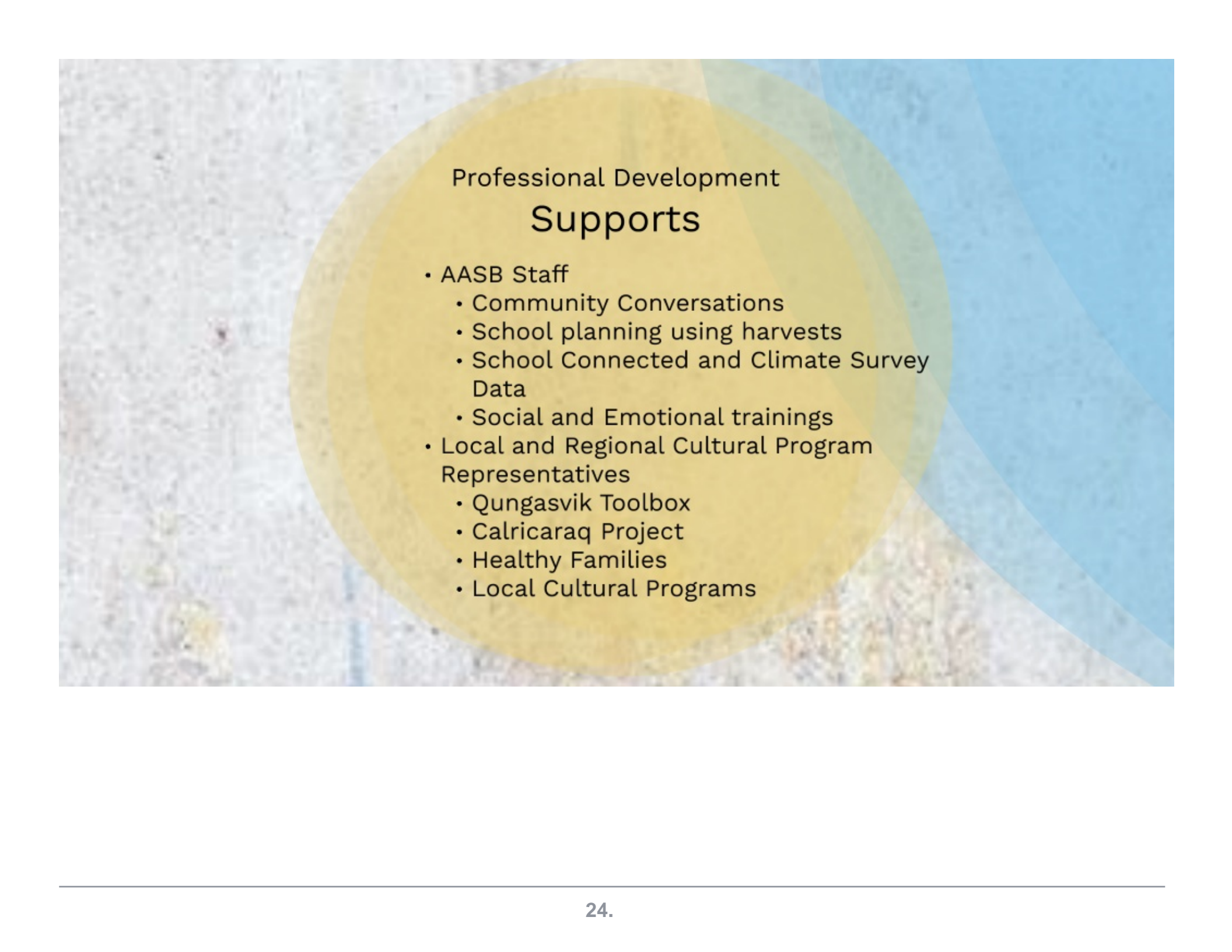


## Professional Development

- Model Qasriq Framework
- Connect Yup'ik Values to SEL Standards
- Utilize Trauma Informed Practices
- Provide Ongoing Support for integrating CRESEL into school practices.

Supports

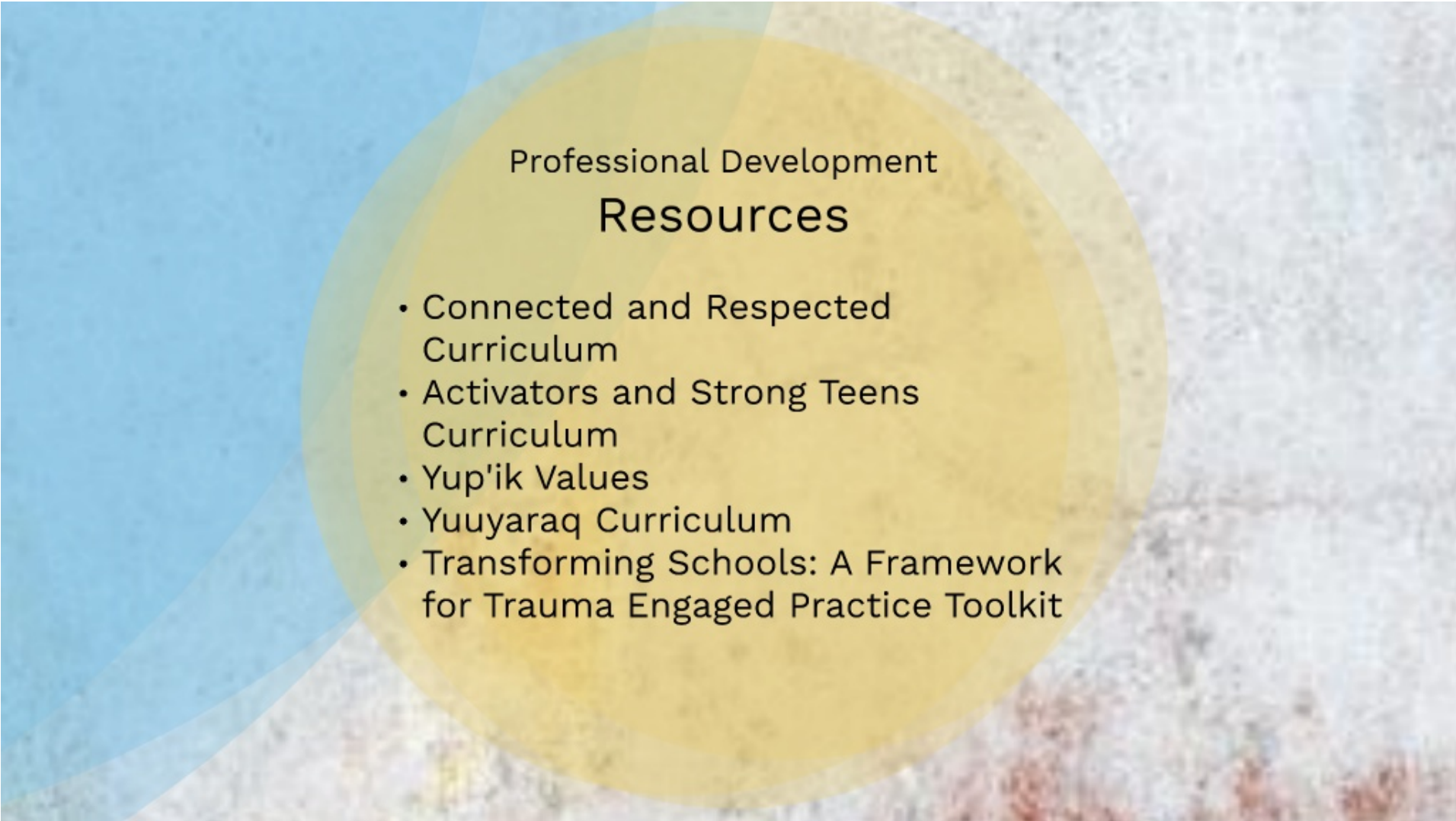
Resources



## Professional Development Supports

- AASB Staff
  - Community Conversations
  - School planning using harvests
  - School Connected and Climate Survey Data
  - Social and Emotional trainings
- Local and Regional Cultural Program Representatives
  - Qungasvik Toolbox
  - Calricaraq Project
  - Healthy Families
  - Local Cultural Programs



The slide features a background of a light-colored, textured wall with a large, semi-transparent yellow circle in the center. To the left of the circle, there is a blue and green abstract graphic element. The text is centered within the yellow circle.

## Professional Development Resources

- Connected and Respected Curriculum
- Activators and Strong Teens Curriculum
- Yup'ik Values
- Yuuyaraq Curriculum
- Transforming Schools: A Framework for Trauma Engaged Practice Toolkit

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