

## Links from 07-27-2021 School Leader Session on COVID-19 Science update

CDC's new guidance for fully vaccinated persons: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

**DEED eLearning Courses:** Full list of eLearning courses available here: <https://education.alaska.gov/elearning/courses>

Stress and Anxiety Course

<https://education.alaska.gov/elearning/courses/overcoming-anxiety-and-stress-in-alaskan-schools>

Self-Care Course

<https://education.alaska.gov/elearning/self-care-for-educators>

### Testing guidance

<http://www.dhss.alaska.gov/dph/Epi/id/SiteAssets/Pages/HumanCoV/AKCOVIDTestingGuidance.pdf>

For questions about testing in schools email Wendy Degraffenried: [wendy.degraffenried@alaska.gov](mailto:wendy.degraffenried@alaska.gov)

Here is another testing tool <https://whentotest.org/calculator/#/>

Kinsa: <https://kinsahealth.com/kinsa-for-schools>

**Question:** Would someone like to elaborate on the recommended use of cohorts in schools? Thanks. It was just a glancing comment. It seems to run counter to all kids in school.

**Coleman Cutchins to Everyone:** Cohorting means keeping people together in a small group and having each group stay together throughout an entire day. Cohorting can be used to limit the number of students, teachers, and staff who come in contact with each other, especially when it is challenging to maintain physical distancing, such as among young children, and particularly in areas of moderate-to-high transmission levels. The use of cohorting can limit the spread of COVID-19 between cohorts but should not replace other prevention measures within each group. Cohorting people who are fully vaccinated and people who are not fully vaccinated into separate cohorts is not recommended. It is a school's responsibility to ensure that cohorting is done in an equitable manner.

### Speakers Bureau of Alaska COVID-19 Experts

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/sleevesup.aspx#connect>

**This is the link for last weeks Alaska School Leaders COVID-19 Update on YouTube:**

<https://youtu.be/uiwd2ccZ7mg>

**For any school health and safety question e-mail:** [schoolhealthandsafety@alaska.gov](mailto:schoolhealthandsafety@alaska.gov) or call 907-269-3433

**ECHO every Monday and a public science ECHO every Wed**

<https://www.uaa.alaska.edu/academics/college-of-health/departments/center-for-human-development/AK-ECHO/index.cshtml>