



**BUILD UNDERSTANDING**

Building shared understanding of the biology of trauma and the impact on learning

**RESPECT**

Creating a supportive school climate and environment

**CO-CREATE**

Collaborating through authentic partnerships to integrate culture and transform education systems

**MODEL**

Supporting adults in developing and using their own SEL skills to foster relationships

**TEACH & PRACTICE**

Directly teaching culturally responsive SEL skills with opportunities to practice these skills throughout the school day and after school

**SUPPORT**

Aligning and integrating culturally responsive SEL into district and school infrastructure

**Culturally Responsive Embedded Social & Emotional Learning (CRESEL)**

**Resilient Students, Schools & Communities**

**Working Draft August 2018**

## BUILD UNDERSTANDING

*Building shared understanding of how trauma impacts learning*

- Shared understanding of trauma and the biology of toxic stress
- Adult co-regulation skills
- Strategies for building learning brains
- School-wide resilience centered practices

## RESPECT

*Creating a supportive school climate and environment*

- Physical, emotional, cultural, and academic safety
- Culturally responsive teaching and learning environment
- School-wide positive behavior supports (e.g. restorative practices, PBIS)
- Youth voice and leadership

## MODEL

*Supporting adults in developing and using their own SEL skills to foster relationships*

- Adult SEL skills and self-regulation
- Supportive relationships with students
- Strong family-school partnerships
- Collegial and supportive staff relationships

## CO-CREATE

*Collaborating through authentic partnerships to integrate culture and transform education systems*

- Community dialogue and conversation
- Partnership for cultural integration in teaching and learning
- Strength-based community healing
- Regular and ongoing communication loop

## TEACH & PRACTICE

*Directly teaching culturally responsive SEL skills with opportunities to practice these skills throughout the school day and after school*

- Common language to identify and discuss SEL skills (e.g. SEL learning standards)
- Direct SEL skill instruction
- Teaching strategies and routines that reinforce SEL skill practice in academics
- Reinforcement of SEL during afterschool time (in sports, activities, at home)

## SUPPORT

*Aligning and integrating culturally responsive SEL into district and school infrastructure*

- Shared vision, goals, action plan
- Policies and practices (e.g. RTI/ MTSS, teaching framework)
- Ongoing job embedded professional learning
- Regular examination of data and progress towards goals

# Culturally Responsive Embedded Social & Emotional Learning (CRESEL)

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