

# Viking Saga

Tri-Valley School, PO Box 400, Healy, AK. 99743

Calendar: <http://dbsd.schoolwires.net/Page/14>

Phone: 683-2267. Fax: 683-2632.

Send Saga submissions to [sarahwalker@dbsd.org](mailto:sarahwalker@dbsd.org). Deadline Tuesday at noon.

## Upcoming Events Thursday, March 21, 2019

March 25: Internet Safety  
with Rachel Gernat @ TVS  
Cafeteria @ 5:30 pm – 7:30  
pm (More in Saga entry)

March 26: DBSD & Denali  
Borough Joint Work  
Session from 6 pm – 9 pm

**March 27:**  
**Parent/Teacher  
Conferences: No  
school for students  
(See Saga entry)**

March 29: Jump Rope for  
Heart (Elementary) @ Gym  
from 10:15 am – 11:45 am

April 2 – 5: PEAKS Testing:  
ELA and Math: 3<sup>rd</sup> – 10<sup>th</sup>  
graders; Science: 4<sup>th</sup>, 8<sup>th</sup> and  
10<sup>th</sup> graders

April 5 – 6: HS Track Meet  
@ Big C  
(Dome/Anchorage)

April 6: HS PROM @ Clear  
AFS from 7 pm – 11 pm;  
Grand March @ 5:30 pm  
April 8: K – 12 Spring  
Concert @ Gym @ 6:30  
pm

April 10: Kindergarten  
Round Up from 10 am – 12  
pm (more info to follow)

April 10: Solo/Ensemble  
Preview Concert @ MPR  
@ 2:30 pm

April 11-13: Aurora Music  
Fest @ Nenana

April 18: DBSD School  
Board Meeting @ TVS @ 7  
pm

April 23: DBSD Battle of  
the Books Jamboree (K-2  
Grades) @ TVS Library @  
8:30 am – 1:30 pm

4/25: Denali Museum Night  
(more details to follow)



Lathrop High School Ball Room Dancing Team visited on Wednesday. They not only put on a superb performance, but they also led a short workshop for our kids to learn some new dance moves.



## School Events

**NEW Tech Help & Computer Sale:** Sunday, March 24 from 1:00-3:00pm at Tri-Valley Community Library. Adults seeking tech support, drop by the Library with your device for help with software, apps, or social media. We will not be set up for help with hardware. Used iPads and computers will be available for sale. There will be an activity station for kids while adults get the help they need. Offered by TVS high school technology students.

**PROM:** Midnight Masquerade Prom is April 6 from 7 pm - 11 pm, and the Grand March at 5:30 pm. Tickets are \$20 for single and \$35 for a couple. See Becki or Mrs. Striker to buy tickets.

### **NEW ALL-SCHOOL PROM SPIRIT WEEK DRESS UP DAYS (APRIL 1<sup>st</sup> – 5<sup>th</sup>):**

Monday, April 1<sup>st</sup>: Black Out (Wear all black)

Tuesday, April 2<sup>nd</sup>: Dress as Babies (Even grades); Dress as Old People (Odd grades and Kindergarten)

Wednesday, April 3<sup>rd</sup>: Gender Swap (Girls dress like boys; boys dress like girls)

Thursday, April 4<sup>th</sup>: Mis Match (Wear mismatched clothing)

Friday, April 5<sup>th</sup>: Staff to Student Switch Day (Students dress like staff; staff dress like students)

**NEW LOST AND FOUND:** Please be sure to check out the Lost and Found areas in the elementary entry-way as well as by the front office.

## Community Library

**Library:** Find us at [www.tvclibrary.org](http://www.tvclibrary.org) and on Facebook.

Phone: 683-2507.

### **Winter Hours:**

Sunday: 12:30 pm- 3:30 pm

Monday & Tuesday: 3:30 - 8:30pm

Wednesday: 3:30- 6:30pm

### **Story Hour:**

Wednesdays, 11:15 am- 12:15 pm.

## NOTES FROM THE PRINCIPAL

*Reflection and self-assessment are things that we have begun promoting and expecting more this year as we've moved forward with personalized learning. Denali Learning is largely modeled on EL Education which has, as one of it's Design Principles, Solitude & Reflection: "Students and teachers need time alone to explore their own thoughts, make their own connections, and create their own ideas. They also need to exchange their reflections with other students and with adults."*

*We've put time and energy into helping teachers and students be more reflective in their learning and practices. This includes, exit tickets, reviewing learning targets, and debriefs. One major problem that many of us face, is making time to fit this important part of learning and thinking into our lessons or processes. We have so much to do, how can we spend time reviewing what we just did?*

*Productivity gurus and self-help advocates also speak to the power of reflecting as a daily and weekly practice. In order to challenge myself, and practice what I'm preaching, I've begun a daily debrief to review my day – and help plan the next. I've been surprised by how many loose strings I've been able to tie off and how much more settled I am when I finally arrive home to my family. The debrief time IS difficult to fit in, but I am more effective when I commit to it.*

## School Events (Continued)

### **PARENT/ TEACHER**

**CONFERENCES:** These will be held on Wednesday, March 27<sup>th</sup> from 10 am – 5:45 pm,. There is no school for students. Please call Sarah at 683-2267 or email at: [sarahwalker@dbbsd.org](mailto:sarahwalker@dbbsd.org) to schedule appointments. Thank you!

## Counselor Corner

**INTERNET SAFETY:** On Monday, March 25 from 5:30-7:30pm at Tri-Valley School, you are invited to a parent class on internet safety. Students 5<sup>th</sup> through 12<sup>th</sup> will participate in classes during the school day. Rachel Gernat is an engaging and knowledgeable presenter who spent years as a lawyer and Assistant District Attorney in the state of Alaska. **Dinner is provided! Menu is spaghetti, salad, and dessert.** Special thanks to Usibelli Coal Mine for sponsoring this event. If you have questions please feel free to contact Stephanie at (907) 683-2267, extension 5127, or [stephaniestickle@dbbsd.org](mailto:stephaniestickle@dbbsd.org).

**NEW DESPA SCHOLARSHIP:** The Denali Educational Support Professionals Association (DESPA) is a group of dedicated staff working together to ensure the very best public education for every child within the Denali Borough School District. We are librarians, secretaries, classroom aides, custodians, nurses, maintenance workers, and more. We are pleased to have a chance to help further the education of our students with two \$500 scholarships this year for graduating seniors. Students may obtain application materials from the school office. Applications are due by Wednesday, May 1.

## Nurse News

**NEW ANNUAL COMMUNITY HEALTH FAIR:** Saturday, March 30<sup>th</sup> from 8:30 am – 11 am in the TVS Gym. Free event with health screenings and health and safety exhibitors. Affordable, comprehensive, private blood tests available. For questions or more information, please call. 907.374.6853 or visit the website at: [www.alaskahealthfair.org](http://www.alaskahealthfair.org).

## WHAT'S FOR LUNCH?

**Please be sure to pack a lunch and snacks for your student (s). Please remember to pack utensils with your child, if they should need them.**

**TUESDAY LUNCH:** Hot dog, chips, and fruit. \$4/one hot dog; \$5/two hot dogs. Fundraiser for 1<sup>st</sup>/2<sup>nd</sup> grade Seward trip. **\*\*LAST DAY OF LUNCH: APRIL 23<sup>rd</sup>\*\***

**DPLC WEDNESDAY LUNCH:** Grilled cheese, soup (chicken noodle or chili), and fruit. \$4 for one sandwich meal; \$5 for two sandwich meal. Punch cards available. **\*\*LAST DAY OF LUNCH: APRIL 24<sup>th</sup>\*\***

**THURSDAY LUNCH:** Spaghetti, salad, and fruit. \$4 (K-5), and \$5 (6- 12 grades). Fundraiser for 8<sup>th</sup> grade class trip. **\*\*LAST DAY OF LUNCH: APRIL 25<sup>th</sup>\*\***

**FIESTA FRIDAY LUNCH:** Lion's Club is serving tacos again this year! Taco (bean or beef): 1 flour tortilla or 2 corn; Nachos (bean or beef with cheese sauce); Taco Salad (bean or beef on lettuce). Topping choices: Cheese, lettuce, tomato, salsa, onions, sour cream, or jalapenos. K-5<sup>th</sup>: \$4. 6<sup>th</sup> – 12<sup>th</sup>: \$5. Adult: \$6. Punch cards will be available, 5 meals per card. Checks payable to Healy Valley Lions Club. **\*\*LAST DAY OF LUNCH: MARCH 29<sup>th</sup>\*\***

## Community Events

### **NEW DADDY/DAUGHTER DANCE:**

Save the Date! April 13 at Morningstar Baptist Church. Time TBA. \$5/person. More details to follow!

**VOLLEYBALL CAMP:** There will be a local volleyball camp for students entering grades 6 through 12 (for 2019-20 school year) on June 24<sup>th</sup> and 25<sup>th</sup> from 10 am – 12 pm and 1 pm – 3 pm. Cost is \$60. Sign up sheet to come. Any questions, please contact Danielle Mayo

### **COMMUNITY APPRECIATION DAY:**

Sponsored by Alaska State Troopers and Tri – Valley Volunteer Fire Department. This fun event on April 27<sup>th</sup> will be at the Tri- Valley Community Center from 12 pm – 4 pm. There will be food, ice cream, and fun games! All of the emergency vehicles will be out for the kids to look at and there will be some other fun emergency equipment like the Alaska State Troopers helicopter and other surprises.