

# Viking Saga

Tri-Valley School, PO Box 400, Healy, AK. 99743

Calendar: <http://dbsd.schoolwires.net/Page/14>

Phone: 683-2267. Fax: 683-2632.

Send Saga submissions to [sarahwalker@dbsd.org](mailto:sarahwalker@dbsd.org). Deadline Tuesday at noon.

## Upcoming Events Thursday, February 13, 2020

Feb. 14-15: HS BB @ Su –  
Valley Crowley Classic

Feb. 14-15: MS VB @  
Glenallen Sweetheart Slam

**Feb. 17: Staff In-  
Service; No school for  
students**

Feb. 18: HS BB (Home) vs.  
Nenana @ 4 pm (JV Boys);  
5:30 pm (Girls Varsity); 7  
pm (Boys Varsity)

Feb. 20: DBSD School  
Board Meeting @ Cantwell  
School @ 7 pm

Feb. 21-22: HS BB @ Minto

Feb. 21-22: MS VB @ Delta  
Invitational

Feb. 24: K – 5 Winter  
Variety Show @ MPR

Feb. 26: Annual Child Find  
Screening at TVS from 10  
am – 4 pm (More info in  
Saga entry)

Feb. 28 - 29: MS VB @  
Valdez Invitational

Feb. 29: HS BB @ North  
Pole (Girls JV @ 1 pm; Boys  
JV @ 2:30 pm; Girls Varsity  
@ 4 pm; Boys Varsity @  
5:30 pm)

March 2: MS/HS Variety  
Show

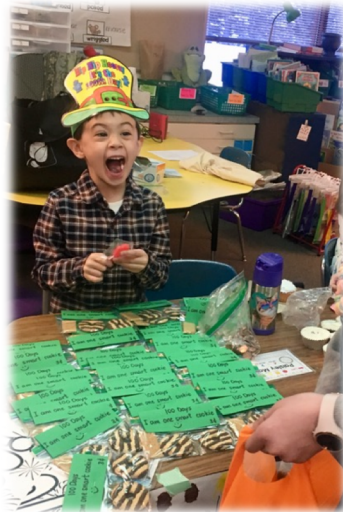
March 3 & 4: DBSD Science  
Fair

March 5- 7: HS BB @  
Regionals in Fairbanks

**March 16 – 23: Spring  
Break; No school for  
students**

March 24: Classes resume

April 1: Parent/Teacher  
Conferences (No school for  
students)



Pictured to  
the left are  
elementary  
students  
enjoying the  
100<sup>th</sup> day of  
school fun on  
January 31<sup>st</sup>.  
Photo Credit:  
Lauren  
Legrismith

## School Events

**NEW DBSD Science Fair:** Science Fair is less than one month away and will be held in the Tri-Valley MPR on Wednesday, March 4th! It is not too late to enter and your student can submit their entry form to Mrs. Striker by the end of February. Extra entry forms can be found in the office or in Mrs. Striker's room. Enter to win great prizes like admission to the Trampoline Park or Virtual Reality Park, gift cards, books, and many more. Parents can request more information by sending an email to Mrs. Striker ([gretchenstriker@dbsd.org](mailto:gretchenstriker@dbsd.org))

**NEW Spelling Bee:** Good luck to students representing TVS at the 2020 Interior Alaska Spelling Bee on Feb. 29 at the West Valley High School Performing Arts Center: Matthew B., Sydney S. & Kyler F. The event is open to the public and begins at 9:00AM.

**NEW Battle of the Books:** Our TVS Book Warriors Addi, Danika, Morgan and Kate made a valiant effort in the District Battle for Middle School on Feb. 11. Congratulations to the Anderson team, who will represent DBSD at the State Battle Feb. 26. State Battles are approaching for TVS teams for Grade 3&4 (Feb. 28): Rita, Sydney S, Shylah and Kyler; Grade 5 (Feb. 27): Abigail, Emma F, Isabelle L and Haylie; and High School (Feb. 25): Emma T, Taegan and Will. Go Warrior Readers!

**NEW DBSD School Board Meeting:** The next DBSD School Board meeting will be at Cantwell School on February 20 at 7 pm. This is a great opportunity to make comments on educational policy.

**NEW Annual Child Find:** The purpose of this screening is to identify children ages 3 – 21 years who may have problems with communication, learning or skill development. Screening at Tri – Valley School on Feb. 26 from 10 am – 4 pm. Appointments are in 45-minute increments. You can contact the office (683-2267) with questions or to make an appointment. You may also contact the District Nurse Karri Keith.

## Community Library

**Library:** Find us at [www.tvclibrary.org](http://www.tvclibrary.org) and on Facebook.

Phone: 683-2507.

### **Winter Hours:**

Sunday: 12:30 pm – 3:30 pm

Monday: 3:30 – 8:30 pm

Tuesday & Wednesday:  
3:30 – 7 pm

**Story Hour:** Tuesdays,  
10:15 am – 11:15 am

### **Pre-K Story Time**

**Plus:** Tuesdays, 9 am –  
11:30 am

## NOTES FROM THE PRINCIPAL

As we continue to move forward with Denali Learning, leveraging work and resources from EL Education we are also always looking to refine our work and systems in alignment with best practices grounded in research and evidence.

EL Education has a great resource for teachers in a recently published text: Management in the Active Classroom. It gives teachers many practical strategies to support students to be self-directed and self-disciplined learners. It also supports development of restorative practices in the classroom.

In contrast to a traditional discipline plan which focuses on individuals and consequences, restorative practices focus more on community and reparation and conflict-resolution strategies that prioritize relationship building and mutual understanding over finger-pointing and retribution. It is not easy, or clear-cut work, and sometimes involves more time, especially when beginning to implement such systems.

I like to think of the term “discipline” in its more historical meaning which was something much closer to “to teach or train.” I’m currently reading Better than Carrots or Sticks after seeing the authors (Dominique Smith, Doug Fisher, and Nancy Frey) speak in Anchorage at the annual Effective Instruction Conference to help inform myself and my practice.

## Community Library Events

**Youth Writing Club:** TVC Library is hosting a youth writing club after school from 3:45-4:15 on Mondays. All kids from kindergarten to 12<sup>th</sup> grade are invited.

**NEW Tundra Tales:** A live storytelling event on Feb. 26<sup>th</sup> at 7:30 pm at the Totem. The theme is: “Wildlife. Wild life. Wild.Life.”

### **Trivia Night at the Totem**

**Fridays:** TVC Library will be hosting Trivia Nights from 7-8pm Fridays at the Totem. Bring the family and your friends to see which (up to 5 person) team knows the most trivia.

## What’s for Lunch?

**TUESDAY LUNCH:** The 8th grade class will be offering hot lunches on Tuesdays. Menu includes hot dogs, chips, fruit, and a cookie. One hot dog \$4. Two hot dogs \$5. Punch cards available. Please make checks out to Tri-Valley School.

### **DPLC WEDNESDAY LUNCH:**

Pancake, bacon, and fruit. \$4 for one cake; \$5 for two cakes.

**FIESTA FRIDAY:** Healy Valley Lions Club will have tacos, nachos, and taco salad available for purchase. K-5<sup>th</sup>: \$4; 6<sup>th</sup> – 12<sup>th</sup>: \$5; Adult: \$6. At school, add an extra taco for \$1. Carry out orders, add an extra item for \$3. Punch cards will be available, 5 meals per card. Checks payable to Healy Valley Lions Club.

## Counselor Corner

### **AKINEXT Statewide Youth**

**Leadership Program:** Do you know a high school student who would like to spend a week in Juneau this summer as part of a free youth leadership program? Applications are now open for AK|Next. See attached flyer and link below for info. The program is seeking students who want to make a positive impact in their community and connect with other youth from different cultures and communities across Alaska. Applications are due February 29 and can be found at: <https://www.akhf.org/ak-next?fbclid=IwAR0LFRhYB25LgLoU3B1utjX2zZJrx-zuXJfSSHYYnRK7j-hIJCyckZdr6QE>

## Community Events

**NEW Winterfest Youth Ski Race:** Students who want to try racing on skis are encouraged to participate in the Winterfest Youth Ski Race, open to all youth skiers, at Riley Creek Campground in Denali National Park on Feb. 22. The 0.8 km loop track for skate or classic skis will be open for preview at 10:00 am. Racers should check in by 10:30am. Bring your own equipment. Any students who need to borrow ski gear for this event please contact Martha Tomeo by Feb. 20. The race is free and fun!

### **NEW Winterfest Community Spaghetti**

**Dinner and Bingo:** Saturday, Feb. 22 @ Tri – Valley Community Center. Dinner will be prepared by DPLC, and TVS 5<sup>th</sup> grade will prepare desserts. Food is donated by Holland America Princess, and service ware is donated by Doyon/Aramark. Dinner from 5 pm – 6:30 pm. 6:15 pm: Mayor’s Community Service Award presentation. Bingo from 6:30 – 8:30 pm. All ages welcome, and there will be prizes!

**NEW Winterfest Library Activities:** Sunday, Feb. 23 @ TVCL from 2 – 4 pm. Come out and enjoy some fun activities to celebrate Bigfoot Fest at the library. There will be a scavenger hunt and crafts, and a movie, “Small Foot” will be shown.

### **NEW Motion Sensors Dance Troupe**

**presents, “Hansel and Gretel”:** Auditions for Motion Sensors’ 2020 dance performance Hansel & Gretel are Feb. 27 and 28 in the MPR. Special parts for all ages. Dancers K-12 can also sign up for regular dances without auditioning. Check the Motion Sensors Dance Troupe Facebook page for sneak peeks of the show and updated information. Or see nfo on the Kids in Motion bulletin board outside the multi-purpose room. Note: rehearsal schedule is updated. You can also now register online.

### **NEW Healy Coal King Squirt Team**

**Fundraiser:** Pictured below: \$20 each, limited quantity, contact Trena Haugen. Thank you!



**Little Dribblers:** Last one for now will be this Tuesday 2/18. K-5<sup>th</sup> all together from 5:30 pm – 6:15 pm @ MPR.